



FALLEN LEAVES

1st May- 31st July 2007
AS.XXXII Volume 5, Issue 2

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Special Request

Down and Dirty weekend

See page 3

Words from the Editor

Greetings.

Well Summer is finally there so while the sun shines (keep your fingers crossed!) we plan to fit in as much archery and thrown weapons as we can. Over the coming months we'll be taking the opportunity to learn some new skills like period cooking and hopefully getting out a bit more on a few field trips to some of the local historic sites.

Since our last issue we had our Protectors event which I'm pleased to say was very successful. As part of the event we were treated to one of Lord Sean's challenging but fun field shoots. It's not easy to hit a very small target from behind a great big tree. Once again Lord Merlin provided us with a fine feast including a rather impressive pig's head complete with an arrow. I'd also like to take this opportunity to congratulate to all our new Protectors.

In this issue we have some good news about Brother Gaudaufaul but more on that on page 2 and Spit roast has an interesting 14th Century French recipe for Cold Sage Chicken for you to try out.

[Lady Helene the Artisan](#)

FORTHCOMING PRACTISES

All the forthcoming practices will be held at Ardnavalley Scout Centre
For directions to the site see on page

2nd June 2007– we hope to have an IKAC archery shoot at this practice

30th June 2007- we hope to have a field shot at this practice.

Our practices are pretty flexible so if you have something else like an arts and science project to do then feel free to bring it along.

For further information go to

<http://www.glenrathlin.org/html/announce/calendar.htm>

SPITROAST THE KITCHEN BOY

Greetings good lady, I have something usual for you for your big banquet. It's delicious but I don't know why Cook makes such a fuss about it, I mean how hard can it be to cook a chicken. Oh don't worry my lady you'll get plenty of compliments especially if you let split that there's a secret ingredient. Must be going one the knights will be wanting their armour ready for inspection soon.

COLD SAGE CHICKEN

Goodman p. 277/23

Take your chicken and quarter it and set to cook in salt and water, then set it to get cold.

Then bray ginger, cinnamon powder, grain of Paradise, and cloves and bray them well without straining;

then bray bread dipped in chicken broth, parsley (the most), sage, and a little saffron in the leaf and color it

green and run it through a strainer (and some there be that run therewith yolk of egg) and moisten with good vinegar,

and when it is moistened set it on your chicken and with and on the top of the aforesaid chicken

set hard boiled eggs cut into quarters and pour your sauce over it all.

1/2 chicken, quartered
3 slices of bread dipped in chicken broth
4 T parsley
3 leaves sage
4 threads saffron
2 egg yolks
1/4 t ginger
1/2 t cinnamon
1/4 t grains of paradise
less than 1/8 t cloves
4 hard boiled eggs

This article was provided courtesy of the authors David Friedman and Elizabeth Cook from their book and website “Cariadoc’s Miscellany “. For more information on recipes and other SCA- related topics go to: <http://www.pbm.com/~lindahl/cariadoc/miscellany.html>

NEWS OF BROTHER GAUDAUFUAL

To the Lady Helene the most sincerest salutations

I heard your appeal regarding yours and the bishop's desire to contact the “good” Brother Gaudaufual. It pleases me to be able to communicate to you both that he is well and currently residing in a small convent to the north of these lands recovering from injuries sustained in a recent fall. He hopes to reply himself more fully after he recovers fully (or the nuns kick him out for loitering).

In service
Lord Robin Bowman
Rockall Herald of Insulae Draconis

This article was kindly provided by Lord Robin Bowman

Down and Dirty weekend

27th to 29th July

2007

We are looking for willing victims (cough!) sorry volunteers to roll up their sleeves and get their hands dirty at our regular practise site, Ardnaveley Scout Camp. We'll be trying to get as much painting and path building as we can fit into one weekend.

If you would like to come along and lend a hand then contact:-
Lord Seán Ó'Mórdha the Archer
(Sean Moore) at
[KnightMarshall 'at' glennrathlin.org](mailto:KnightMarshall@glennrathlin.org)

Contributions Wanted

This is a bit of a special request I'll like to do something a bit different for the next issue of Fallen Leaves. As any experienced SCA person will know any event or practice would probably come to a grinding haul if we suddenly ran out of ducktape. So just for fun I thought we'd try and come up with our very own version of "101 uses for duck tape". I'm happy to include a few non-period ones to make up the numbers but please bear in mind that in the interest of fairness to everybody I wouldn't be including any comments on specific people in this list. So get your thinking caps on and send me whatever you come up with.

Any and all contributions are welcomed and needed for this publication, as it's your newsletter! I'm happy to take anything from simple Arts and Sciences projects to details of events you have travelled to so we can share your experience with the shire at large .

Send by e-mail as a MS Word doc or TXT file to Chronicler@glenrathlin.org or by mail to Helen McLarnon, 7 Millicent Park, Bangor, BT19 6BU

FORTHCOMING EVENTS

Details of all forthcoming events can be found in Dragon's Tale or by going to the Kingdom of Drachenwald Calendar at <http://www.drachenwald.sca.org/calendar/>

OFFICER LIST AND CONTACTS

SENESCHALE
EXCHEQUER
CHRONICLER
MINISTER OF ARTS & SCIENCES
KNIGHT MARSHAL

Lady Sofia da Negroponte
Elaine of Glen Rathlin
Lady Helene the Artisan
Lady Perinelle of Rockall
Lord Seán Ó'Mórdha the Archer

All Officers can be contacted via the Ministers links in the Shrine Web page:
<http://www.glenrathlin.org>

Shire mailing list: scanorthernireland@yahoogroups.com

ANNOUNCEMENTS

Eplaheimr Potluck Practice

General practice followed by potluck feast, bring a dish

When: 3rd Saturday of every month (10:00-22:00)

Where: Kilmurry House Shinrone, Co. Offaly, for directions see contact details below.

Cost: Free (Potluck works by everyone brings food)

From February there will be a loaner equipment fee of 4 euros for the use of loaner arrows or bows and a 1 euro target fee.

The first time use of loaner equipment will still be free.

For further details please about this and the potluck practices contact Baron Etienne Fevre (John Pendergast) by phone on 0505 47378 or by email at johnprend@jewelryireland.com. Always contact before attending.

Hafnsborg Monthly Practice

When: 3rd Saturday of every month (10.00-17.00)

Where: Ballyeaston Halls, Ballyeaston, Ballyclare

Cost: £3.50 per person (first visit free)

Contact: (always contact before attending)

Lady Breatrice de Tisbury (Pauline Houston)

E-mail: Ravenskeep@loughdevnaree.org

DISCLAIMER

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Contributions

I'd like to take this opportunity to thank all the contributors for all their help in putting together this newsletter.

Lord Robin Bowman
David Friedman